

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

Lewis County

What is your age?

n = 201

18 - 34	28.1%	(± 7.9%)
35 - 54	36.3	(± 7.8)
55 - 74	24.1	(± 6.0)
75+	11.5	(± 4.8)

Gender

n = 201

Male	49.4%	(± 8.2%)
Female	50.6	(± 8.2)

Which one of these groups would you say best represents your race...

n = 198

White	93.1%	(± 5.0%)
Black or African American	0.0	(± 0.0)
Asian	0.0	(± 0.0)
Native Hawaiian or Other Pacific Islander	0.6	(± 1.1)
American Indian, Alaska Native	1.6	(± 1.9)
Other race	4.7	(± 4.6)
No preferred race	0.0	(± 0.0)

Are you Hispanic or Latino/Latina?

n = 199

Yes	7.0%	(± 4.8%)
No	93.0	(± 4.8)

Marital status

n = 200

Married	60.3%	(± 8.0%)
Divorced	11.5	(± 4.4)
Widowed	8.0	(± 3.4)
Separated	1.2	(± 1.1)
Never been married	11.6	(± 5.7)
Or a member of an unmarried couple	7.4	(± 5.2)

How many children less than 18 years of age live in your household?

n = 200

None	60.7%	(± 8.0%)
1	10.7	(± 4.8)
2	14.4	(± 6.7)
3 or more	14.1	(± 5.9)

What is the highest grade or year of school you completed?

n = 200

Some high school or less	18.1%	(± 7.0%)
High school graduate or GED	31.6	(± 7.0)
Some college or technical school	30.5	(± 7.6)
College graduate or more	19.8	(± 6.5)

* Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .	n = 200	
Employed for wages	45.4%	(± 8.0%)
Self-employed	9.7	(± 5.0)
Out of work	8.8	(± 6.1)
Homemaker	8.3	(± 4.0)
Student	2.6	(± 3.1)
Retired	19.5	(± 5.6)
Or unable to work	5.6	(± 3.3)

Annual household income from all sources	n = 179	
Less than \$20,000	19.6%	(± 6.4%)
\$20,000 to less than \$50,000	56.6	(± 8.4)
\$50,000 or more	23.7	(± 6.9)

Have you smoked at least 100 cigarettes in your entire life?	n = 269	
Yes	51.0%	(± 7.0%)
No	49.0	(± 7.0)

Among those that have smoked at least 100 cigarettes in their entire life:		
Do you now smoke cigarettes everyday, some days, or not at all?	n = 139	
Everyday	28.1%	(± 8.3%)
Some days	11.9	(± 6.9)
Not at all	60.0	(± 9.4)

Among current smokers:		
During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?	n = 61	
Yes	53.1%	(± 14.9%)
No	46.9	(± 14.9)

Current cigarette smoking prevalence:	n = 269	
(every day or some day smokers among the whole population)	20.4%	(± 5.4%)

Among those that have smoked at least 100 cigarettes:		
Did you smoke any cigarettes during the past 30 days?	n = 104	
Yes	46.6%	(± 11.4%)
No	53.4	(± 11.4)

Among those that have smoked in the past 30 days:		
On how many days of the past 30 days did you smoke cigarettes?	n = 47	
Less than 30 days	*	*
30 days	*	*

Among those that have smoked in the past 30 days:		
On average, about how many cigarettes per day do you smoke, on the days that you do smoke?	n = 46	
Average:	*	*

* Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?	n = 197	
Yes	18.0%	(± 6.9%)
No	82.0	(± 6.9)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 27	
None	*	*
Less than 30 days	*	*
30 days	*	*

Current smokeless tobacco prevalence:	n = 197	
(any use in past 30 days among the whole population)	3.5%	(± 3.0%)

Do you currently smoke tobacco in a pipe?	n = 197	
Yes	1.1%	(± 1.7%)
No	98.9	(± 1.7)

In the past month, have you smoked a cigar, even just a puff?	n = 197	
Yes	4.7%	(± 4.2%)
No	95.3	(± 4.2)

In the past month, have you smoked bidis?	n = 196	
Yes	0.0%	(± 0.0%)
No	100.0	(± 0.0)

In the past month, have you smoked clove cigarettes?	n = 196	
Yes	0.7%	(± 1.3%)
No	99.3	(± 1.3)

Current tobacco use (all types of tobacco)	n = 197	
Current daily tobacco user	29.3%	(± 7.8%)
Current non-tobacco user	70.7	(± 7.8)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?	n = 56	
Within the past month (less than 1 month ago)	1.0%	(± 1.9%)
Within the past 3 months (1-3 months ago)	2.2	(± 3.1)
Within the past 6 months (3-6 months ago)	11.4	(± 14.7)
Within the past year (6-12 months ago)	1.1	(± 2.1)
Within the past 5 years (1-5 years ago)	18.1	(± 11.9)
Within the past 15 years (5-15 years ago)	18.6	(± 10.8)
More than 15 years ago	47.8	(± 15.1)
Never used regularly	0.0	(± 0.0)

* Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 53

Average: 22.2 (± 5.3)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 54

Yes 17.3% (± 14.1%)
No 82.7 (± 14.1)

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 53

Yes 1.9% (± 2.7%)
No 98.1 (± 2.7)

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 53

Yes 5.7% (± 6.0%)
No 94.3 (± 6.0)

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 101

Strongly agree 47.5% (± 11.8%)
Somewhat agree 17.6 (± 8.4)
Somewhat disagree 19.9 (± 10.8)
Or strongly disagree 15.0 (± 7.1)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 102

Within the past year (1-12 months) 46.4% (± 11.5%)
Within the past three years (1-3 years) 2.3 (± 2.9)
3 or more years ago 22.3 (± 8.7)
They never advised me to quit 29.0 (± 10.1)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 104

Within the past year (1-12 months) 20.2% (± 10.3%)
Within the past three years (1-3 years) 1.5 (± 1.8)
3 or more years ago 23.1 (± 8.8)
They never advised me to quit 55.3 (± 11.6)

* Estimates based on sample sizes less than 50 were omitted.

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?	n = 104	
Within the past year (1-12 months)	8.1%	(± 7.0%)
Within the past three years (1-3 years)	10.5	(± 6.4)
3 or more years ago	81.4	(± 9.0)
They never advised me to quit	0.0	(± 0.0)

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?	n = 52	
Yes	49.6%	(± 16.0%)
No	50.4	(± 16.0)

Among current/former tobacco users:

How many times in your life have you seriously tried to quit using tobacco?	n = 99	
0	13.3%	(± 9.0%)
1-2	49.3	(± 12.0)
3-5	25.3	(± 10.5)
6 or more	12.1	(± 7.8)

**About how long has it been since you last visited a DOCTOR for a routine
checkup?**

n = 192

Within the past year (1-12 months ago)	72.5%	(± 7.7%)
Within the past two years (1-2 years ago)	7.6	(± 4.1)
Within the past 3 years (2-3 years ago)	7.5	(± 5.7)
Within the past 5 years (3-5 years ago)	8.8	(± 4.6)
5 or more years ago	3.2	(± 2.7)
Never	0.4	(± 0.8)

**What type of health coverage do you use to pay for most of your medical care? Is
it coverage through. . .**

n = 165

Your employer	30.0%	(± 7.9%)
Someone else's employer	18.3	(± 6.7)
A plan that you or someone buys on your own	16.0	(± 6.5)
Medicare	21.4	(± 6.5)
Medicaid or Medical Assistance	12.4	(± 7.0)
The military, CHAMPUS, or the VA	1.0	(± 2.0)
The Indian Health Service	0.5	(± 0.9)
Some other source	0.4	(± 0.7)

Among current and recent former smokers:

Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?	n = 51	
Yes	30.0%	(± 16.4%)
No	70.0	(± 16.4)

* Estimates based on sample sizes less than 50 were omitted.

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 52

Yes	5.1%	(± 9.7%)
No	94.9	(± 9.7)

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 40

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 52

Yes	22.0%	(± 13.9%)
No	78.0	(± 13.9)

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 52

Yes	27.8%	(± 14.8%)
No	72.2	(± 14.8)

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 14

Yes	*	*
No	*	*

Among current tobacco users:

Would you like to quit using tobacco? n = 49

Yes	*	*
No	*	*

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 31

Yes	*	*
No	*	*

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 30

Yes	*	*
No	*	*
Don't know/Not sure	*	*

* Estimates based on sample sizes less than 50 were omitted.

Are you currently registered to vote?	n = 196	
Yes	81.6%	(± 7.1%)
No	18.4	(± 7.1)

Which of the following statements best describes the rules about smoking in your home. . .	n = 195	
No one is allowed to smoke anywhere inside your home	79.6%	(± 6.8%)
Smoking is allowed at some places or at some times	11.6	(± 5.9)
Smoking is permitted anywhere inside your home	8.8	(± 4.1)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?	n = 196	
No current smokers in household	61.3%	(± 8.1%)
1	27.2	(± 7.3)
2	9.7	(± 5.4)
3 or more	1.9	(± 2.6)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?	n = 195	
None	79.7%	(± 6.9%)
Less than 30	5.3	(± 3.9)
30 days	15.0	(± 6.2)

If it were just up to you, would you let people smoke inside your home?	n = 194	
Yes	13.7%	(± 5.0%)
No	86.3	(± 5.0)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .	n = 102	
Office	19.6%	(± 7.9%)
Store	17.1	(± 9.4)
Restaurant or Bar	1.8	(± 2.2)
Warehouse or factory	13.0	(± 7.4)
Home/Someone elses home	7.8	(± 6.0)
Outdoors	18.6	(± 9.2)
Car or truck	6.4	(± 5.7)
Classroom	11.6	(± 7.1)
Hospital	3.7	(± 3.4)
Somewhere else	0.4	(± 0.7)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?	n = 103	
Yes	13.7%	(± 7.9%)
No	86.3	(± 7.9)

* Estimates based on sample sizes less than 50 were omitted.

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 102

Yes	6.5%	(± 5.5%)
No	93.5	(± 5.5)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 103

Yes	9.4%	(± 6.0%)
No	90.6	(± 6.0)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 102

None	79.4%	(± 9.0%)
Less than one hour	11.1	(± 7.1)
One hour or more	9.5	(± 6.3)

In general, would you say that breathing secondhand smoke is. . . n = 193

Not at all annoying to you	15.1%	(± 5.6%)
A little bit annoying	8.7	(± 4.6)
Somewhat annoying	21.3	(± 7.2)
Very annoying to you	54.9	(± 8.3)

Would you say that breathing secondhand smoke is. . . n = 182

Not at all harmful	2.5%	(± 2.0%)
A little bit harmful	4.4	(± 3.6)
Somewhat harmful	18.1	(± 6.9)
Very harmful	75.0	(± 7.6)

All people should be protected from secondhand smoke. n = 184

Strongly agree	59.0%	(± 8.5%)
Somewhat agree	23.3	(± 7.9)
Somewhat disagree	9.2	(± 4.2)
Strongly disagree	8.5	(± 4.6)

All children should be protected from secondhand smoke. n = 190

Strongly agree	87.1%	(± 5.1%)
Somewhat agree	8.1	(± 3.9)
Somewhat disagree	3.9	(± 3.2)
Strongly disagree	0.9	(± 1.7)

Do you think that smoking should be completely banned in restaurants? n = 195

Yes	67.3%	(± 7.4%)
No	28.5	(± 7.2)
Don't know/Not sure	4.2	(± 3.0)

* Estimates based on sample sizes less than 50 were omitted.

Do you think that smoking should be completely banned in bars and lounges?		n = 195
Yes	24.7%	(± 7.0%)
No	62.3	(± 7.9)
Don't know/Not sure	13.0	(± 5.3)

Do you think that smoking should be completely banned in outdoor public areas where children may be present?		n = 194
Yes	52.1%	(± 8.2%)
No	44.9	(± 8.3)
Don't know/Not sure	3.0	(± 2.1)

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.		n = 188
Strongly agree	64.3%	(± 8.1%)
Somewhat agree	20.8	(± 7.1)
Somewhat disagree	10.9	(± 5.3)
Strongly disagree	4.0	(± 3.0)

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.		n = 189
Strongly agree	55.0%	(± 8.3%)
Somewhat agree	26.6	(± 7.7)
Somewhat disagree	8.7	(± 5.0)
Strongly disagree	9.7	(± 4.4)

School officials should make sure that all children receive anti-tobacco education.		n = 192
Strongly agree	84.2%	(± 5.8%)
Somewhat agree	9.6	(± 4.8)
Somewhat disagree	3.7	(± 3.1)
Strongly disagree	2.6	(± 2.0)

Tobacco use by adults should not be allowed on school grounds or at any school events.		n = 192
Strongly agree	86.1%	(± 5.3%)
Somewhat agree	10.0	(± 4.6)
Somewhat disagree	2.3	(± 2.4)
Strongly disagree	1.7	(± 1.7)

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?		n = 185
Yes	39.7%	(± 8.3%)
No	60.3	(± 8.3)

* Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? n = 78

Yes	16.9%	(± 9.5%)
No	83.1	(± 9.5)

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years? n = 78

Yes	24.2%	(± 11.1%)
No	53.9	(± 12.7)
Don't know/Not sure	21.9	(± 10.1)

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit? n = 18

Definitely yes	*	*
Probably yes	*	*
Probably no	*	*
Definitely no	*	*

There are more negative things than positive things about smoking. n = 192

Strongly agree	86.8%	(± 5.0%)
Somewhat agree	11.3	(± 4.8)
Somewhat disagree	1.2	(± 1.2)
Strongly disagree	0.7	(± 1.2)

Smoking sometimes makes a person more attractive. n = 193

Strongly agree	0.7%	(± 1.4%)
Somewhat agree	1.4	(± 1.6)
Somewhat disagree	9.4	(± 5.6)
Strongly disagree	88.5	(± 5.9)

There are so many things that cause cancer, tobacco use is not going to make any difference. n = 183

Strongly agree	11.8%	(± 5.8%)
Somewhat agree	7.4	(± 3.9)
Somewhat disagree	12.4	(± 5.7)
Strongly disagree	68.4	(± 8.0)

Would you ever use or wear something that has a tobacco company logo or picture on it? n = 189

Yes	20.0%	(± 7.3%)
No	80.0	(± 7.3)

* Estimates based on sample sizes less than 50 were omitted.

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?	n = 191	
Yes	10.7%	(± 5.8%)
No	89.3	(± 5.8)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?	n = 192	
Yes	15.8%	(± 6.4%)
No	84.2	(± 6.4)

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?	n = 194	
Yes	4.9%	(± 3.2%)
No	95.1	(± 3.2)

Tobacco companies should have the same rights to advertise their products as other companies.	n = 182	
Strongly agree	29.0%	(± 7.7%)
Somewhat agree	31.8	(± 7.9)
Somewhat disagree	15.6	(± 6.7)
Strongly disagree	23.7	(± 7.2)

Among people with children ages 12 to 17:

Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .	n = 29	
We have talked about the dangers of tobacco use many times	*	*
We have had at least one conversation that I can remember	*	*
I don't remember a specific conversation, but my child knows how I feel	*	*
For now, I have not talked with my child about the dangers of tobacco use	*	*

Among people with children ages 12 to 17:

Have you told your child specifically that you do not want him or her to use tobacco?	n = 29	
Yes	*	*
No	*	*

* Estimates based on sample sizes less than 50 were omitted.